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# Arthritis And Folk Medicine: Almanac Of Natural Health Care



## Synopsis

In an essential work for any sufferer of the debilitating illness, the best-selling author of Folk Medicine focuses his extraordinary talents on providing natural and effective remedies for arthritis.

--This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

I'm reviewing the book, Arthritis and Folk Medicine, by Dr. Jarvis. An interesting event occurred many years ago regarding the contents of this book, and I hope it will help me and others, in giving it a try. Here goes. In 1949 my mother married for a second time, this time to a pleasant, compassionate and honorable man, in every sense of the word, the man I grew up with. He was a dentist, practicing in the town of Flushing, in the county of Queens, in NYC. He was born in 1896 and entered the army as a captain in the Dental Corps during World War I. After the war he continued in private practice until about 1965. At near 70 years old, he had practiced dentistry for close to 50 years, and by that time had developed painful arthritis. He considered retiring, as X-ray evidence showed that nearly all of the joints on the right side of his body were severely arthritic, presumably from leaning over a dental chair, with weight on his right side, using his right arm, hand and shoulder, for so long. I was about 21 years old at the time and I'm not sure exactly how he came upon this book, but he did and he followed the words of Dr. Jarvis to the letter for about 6 months, or maybe even a little less. He felt much better and a new series of X-rays showed that the arthritis was gone from his joints. I remember him drinking this honey and vinegar concoction

multiple times a day and a fisherman, he loved eating fish, so he was right at home in Jarvis' program. Myself, I never even once tasted the honey and vinegar. However at 21, I was very impressed with the unexpected X-ray results, as were the puzzled doctors. Nevertheless, the evidence was there. After a time he realized that he could stray from the restrictions of the diet a bit, with no catastrophic results.

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